

# LESSON PLAN

**TITLE:** God Sent Bread from Heaven / The Water That Came from a Rock

**TEXT:** Exodus 16:4-6; 14-27; Numbers 11:7-9; Exodus 17:1-6

**MEMORY VERSE:** See Lesson Sheet

**KEY SCRIPTURE:** My God shall supply all your need according to his riches in glory. ~ Philippians 4:19

## LESSON OUTLINE:

1. God's people had been traveling a long time and the food they had taken with them when they left Egypt was all gone.
2. Now they are in a desert place and they are getting hungry. (In the desert, there are no stores to buy food, and none can be grown there, either.)
3. Because Moses was their leader, they got mad at him and said that he was to blame for this happening to them. (They had already forgotten how God had helped them to get across the Red Sea and away from the bad king.)
4. But God wasn't going to let them go hungry. He told Moses that there would be food for them the next morning, and there was, for He kept His word. He always does!
5. The people were to gather enough food for their own family each day for six days, then on the sixth day they were to pick up enough for two days, so they could have food on the Lord's Day. (Explain that this was God's command).
6. Since they had never seen any food like this before, it was called 'manna'.
7. Everyone had all he needed, no one went hungry!
8. Those who did not do as they were told, got in trouble.
9. Not long after this, they moved to another place, and when they got their tents all set up -- they found there was no water!
10. They were so hot and tired, and thirsty -- they needed a bath and some water to drink.
11. Their animals needed water, too, and the mummies had to have some to fix something for them to eat.
12. Did they take their problem to God? No! They got mad at Moses again, but he knew what to do. He listened to God, and he obeyed.
13. God had a plan for him to follow. Moses was to take the elders (fathers?) of the people to a place where a great big rock was located -and he was to hit that big rock! It seemed a strange (funny) thing to do, but Moses hit that rock just like God told him to and water started pouring out. Now they could have that drink of cool water and bathe their tired hot feet.
14. There was enough water for all of the peoples' needs and for their animals, too. How happy they all must have been!

**MAIN OBJECTIVE:**

- To show that God always watches over and takes care of His people.

**APPLICATION TO DAILY LIVING:**

- We must trust God. Even though we can't see Him, He knows our every need. It may not always be what we want, but God knows what is best for us. God may have done something special for you (teacher) that you would like to share with the children at this time. Also, they may wish to tell what God has done for them!

**TEACHING AIDS:**

- Sand-tray with 'rock', paper tents and people.
- Teacher Vi's Manna recipe (shortbread). Small baskets for manna.
- Water in pitcher.
- A wall built with play dough (or rocks) with a squirt bottle of water behind it, to squeeze when you hit the rock.
- Fill a balloon with water, then paper mache' around it, leaving one area lightly covered; then paint grey, or grey construction paper could be used instead. When the time comes (the thin part) the balloon ruptures and water comes out. (Be sure to have a container to receive the water!) The children will realize this isn't a real stone, but bring a real one and tell them that God made water come out of a real rock!

**NOTES:**